

Every day we are all faced with making choices
but how can we make the right ones?

GenR8's Cool Choices workshop encourages Year 6 pupils to think about their decisions, looking at how they can make positive life choices.



Cool Choices uses a wide range of interactive activities to engage students, these include small groups, drama, video clips and discussions. Our aim is to encourage students to make positive life choices. We do this by helping them to think about:

- ★ What are choices? What are consequences?
- ★ Who influences our choices? Parents, peers, media, internet?
- ★ What are uncool and cool choices? How can we know the difference?
- ★ What are the barriers to making cool choices? Peer pressure, media voices?

There is also a reflective response time to think about making 'cool choices' for ourselves, others and the world.

The workshop includes a Christian perspective on making 'cool' choices.

"You are free to make your choices but you are not free to choose the consequences."

Timings

Cool Choices is generally held in the morning with each workshop taking about 2 ½ hours, including a short break.

We aim to arrive at schools 15 minutes beforehand as it takes us about 10 minutes to get set up and orientated in the classroom.

Venue

Cool Choices works well in a classroom setting. It is good if tables can be moved to the sides and chairs set around a central space for the various interactive activities. This can be done when we arrive if necessary.



People

Cool Choices workshops are led by two members of the GenR8 team.

Curriculum Links

Cool Choices links with SEAL and SMSC but fits best within the PSHE scheme of work.

GenR8 runs Cool Choices in September and January but you can book at other times. To find out more please visit our [website](http://www.genr8.org) or contact: enquiries@genr8.org



*"It is not our abilities that show what we truly are. It is our choices."
Albus Dumbledore in Harry Potter and the Chamber of Secrets*