







Working together with local churches, Inspire brings a range of flexible resources and stations to transform a school hall, classroom or church into a sanctuary of calm. Each station has a theme which encourages pupils to consider their **own views**, **beliefs**, **emotions** and **experiences** in a safe environment. Previous themes have included Christmas, The Lord's Prayer, Easter, as well as school values such as hope or community.

Fizzy forgiveness tablets is like my sadness melting away, all my worries are going when I'm watching it dissolve. – KS 2 student

Thank you for such a wonderful day. The children thoroughly enjoyed it and got so much out of it. The effort and thought that you put into the reflection activities was very much appreciated by all. It has been a fantastic start to regenerating our prayer spaces. – Head teacher

We had a fantastic day with the Inspire team. My ministry team colleagues and foundation governors really enjoyed being around to watch the way in which the children interacted with the various prayer stations. Even the cynical Year 6 children were enthralled. – Local vicar

Prayer spaces are welcoming to all children whatever their beliefs or cultural backgrounds. Although rooted in broadly Christian traditions of prayer, a prayer space will allow children to respond individually and to draw their own conclusions.



Educational links: Prayer Spaces make a recognised contribution to pupils' learning, spiritual development and well-being.



RE – A prayer space allows children to learn about Christianity and through shared interaction and reflection, to learn from religious beliefs and values, both their own and those of others. It allows them to articulate their own beliefs and ideas, using a variety of forms of expression, including creative forms.



SMSC – A prayer space fosters individual spiritual development through engagement with a variety of themes and issues. It encourages pupils to reflect on their experiences thus fostering a desire to explore their own and others' views. It values pupils' questions and gives them space for their own thoughts, ideas and concerns.



Well-being — Children often report an improved sense of well-being after spending time in a prayer space. It is a space for calm, giving an opportunity to explore themes such as bereavement and loss, and encourages children to talk about difficult issues. It supports schools in helping children develop the social and emotional skills needed to form positive relationships, attitudes and values.





Part of the Prayer Spaces in Schools Regional Network Cost: £100 per day; local churches may help meet the costs.

For more details see www.genr8.org or contact us to find out more inspire@genr8.org

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