

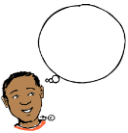


# Bubble Prayers



## Equipment

- Bubble mixture or washing up liquid and water.



## Set up

- Mix washing up liquid and water together. Go outside.

## Instructions

- The Bible says that we can throw (or blow!) all our worries to God, because God cares for us.
- What are you worried about today? You might want to talk to someone else about this.
- When you're ready, blow the bubbles. You might want to imagine that you are blowing the bubbles to God.

