REFLECTION IDEAS



Facing Giants – David and Goliath 1 Samuel chapter 17 verses 1 – 50

This GenR8 Connect looks at the story of David and how God led him to defeat the Philistine giant Goliath with just a sling and stone. Whilst those around him were very afraid, he showed faith in God and courage by using his own talents and skills in the face of an extraordinary threat. Sometimes we need courage to face difficulties and challenges. We can gain strength from the people around us, and from God as we face giants in our lives. When we face new situations or challenges, we too can find courage and strength to stand up for what we believe in and to keep going.

Reflection

Our worries and anxieties can sometimes feel like giants. It is natural and ok to feel worried or anxious about things. Christians believe that God promises to be with us, to help us and fill us with the courage we need, just as he did David.

- Do you ever find it difficult to be courageous?
- What or who inspires you and gives you courage to carry on?
- Do you need to find the courage to face your giants like David did? It might be good to find someone you trust to talk to about your giants.
- How might you help someone else who is feeling worried and anxious this week? Could you help them to be courageous by encouraging or helping them?

But before we decide that you only need courage to do great deeds, like slay a giant, let's stop.

Do you know who this is?

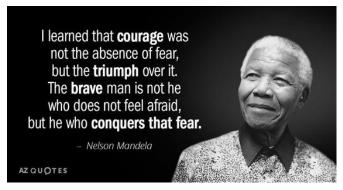
Captain Tom Moore celebrated his 100th birthday recently and has raised over £31 million for NHS charities, by doing something that seems quite ordinary... walking. He could easily have said, 'I am too old to make a difference.'

Do you think he showed courage?

Thousands of NHS workers, care assistants, supermarket workers - and your teachers - are *just* doing their jobs. How are they showing courage? How can you encourage them?

Courage quotes

'A hero is an ordinary individual that finds the strength to persevere and endure in spite of overwhelming obstacles'. Christopher Reeve – actor who played Superman.



Do you agree with this definition of courage?

'Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.' Deuteronomy chapter 31 verse 6

Story Links

Cartoon versions of the story of David and Goliath can be found here – please check to see if they are suitable for your group:

https://youtu.be/NuedVFB8-7Y https://vimeo.com/58576762

Inspire Prayer Space Activity – Being Courageous

Equipment

- Pebbles, or card cut out into the shape of pebbles.
- Felt tip pens

Description

- David had courage when he faced the giant Goliath, even though he
 must have felt very scared inside. We all need to be brave sometimes,
 and have the courage to face challenges, big or small.
- This activity encourages pupils to think about the situations in their lives when they need to be brave.

Instructions

- Think about a situation in your life where you need to have courage what do you need to be brave about right now? What giants do you need to face?
- Take a pebble and a felt pen and write the letter that starts your name on the pebble. As you do
 this think about having courage to face your giant, and if you want to, pray that God will help you as
 you do.
- You can keep the pebble with you to remind you that God is always with you.

Adapted from a Prayer Spaces in Schools resource

See below for activity sheet







Facing Giants - Anagrams Puzzle

Solve the anagrams (in capitals) to make words from the story of David and Goliath. Write the words in the spaces provided – the highlighted squares will show what David needed to face the giant.

Goliath challenged the Israelites to HOSECO someone to fight him.

David took a sling and five TESSNO to fight Goliath.

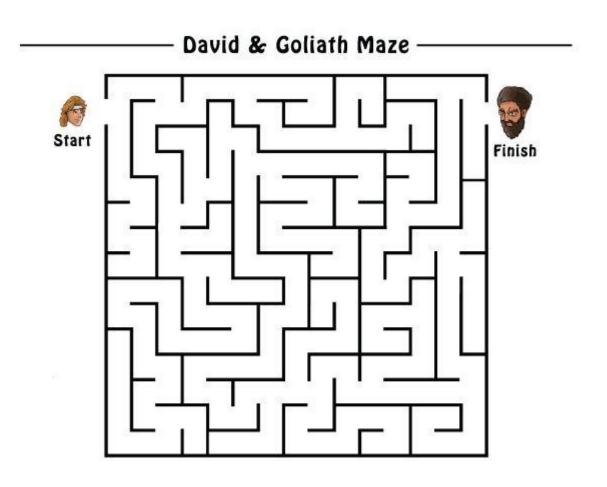
The UMARRO given to David was too big so he used his own clothes.

David was not a solider but a HEDPESRH boy who protected his sheep.

King LUSA gave David his sword, but it was too big and heavy for him to use.

Goliath was a NAGIT but with God's help David defeated him.

David hit Goliath on the DHAE with a stone and he fell down.



Facing Giants – Colouring Page

