

REFLECTION IDEAS

What's on the inside – Samuel and David 1 Samuel chapter 16 verses 1 to 13

This GenR8 Connect shares that it's important not to judge people on the outside. In the Bible story even the dad, Jesse, didn't think that David would be the one chosen to be King, he left him looking after the sheep in the fields! Not for one-minute thinking that David would be chosen. I wonder how often we do that with the people around us? Decide how important someone is because of how they look, what they have, or what they are good at without really getting to know them?

Key verse: "The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart." 1 Samuel 16:7b

Reflection

Christians believe that each of us is unique and that God loves and cares for us no matter what we look like or what we are good at. That God looks on the inside, at our hearts, at how we treat, care for and respect others. Not just our friends but everyone around us.

- What does it mean to judge someone?
- Think of reasons why people do sometimes judge or criticise others? Consider selfishness, jealousy, prejudice, ignorance, arrogance...
- Do we sometimes look at a person and decide what they are like without getting to know them?
- There is an idiom – 'Don't judge a book by it's cover'. Do you think this is a good way to think?

Story Links

Two short cartoon version of the story of David and Samuel can be found here – please check them and see which works best for your group:

<https://youtu.be/RJa-X5BX36k>

<https://youtu.be/detxO5kcuYo>

Inspire Prayer Space Activity – My Good Heart

Equipment

- Washable ink or paint, suitable for finger painting; plain paper.

Description

- Christians believe that God has made everyone unique and loves each one of us, and that what is on the inside, who we are as a person, matters so much more than our outward appearance.
- Our thumbprints are unique too, and this activity encourages children to use their thumbprints to think about what makes them unique and good inside, in their hearts.

Instructions

- Using thumbprints, make hearts as in the picture. As you do this, think about what makes you unique inside and how you can have a good heart.

inspire
prayer spaces



Adapted from a Prayer Spaces in Schools resource



See below for activity sheet

What's on the inside

1 Samuel chapter 16 verses 1 to 13

God Chooses a King

But the LORD said to Samuel, "Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart." 1 Samuel 16:7

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



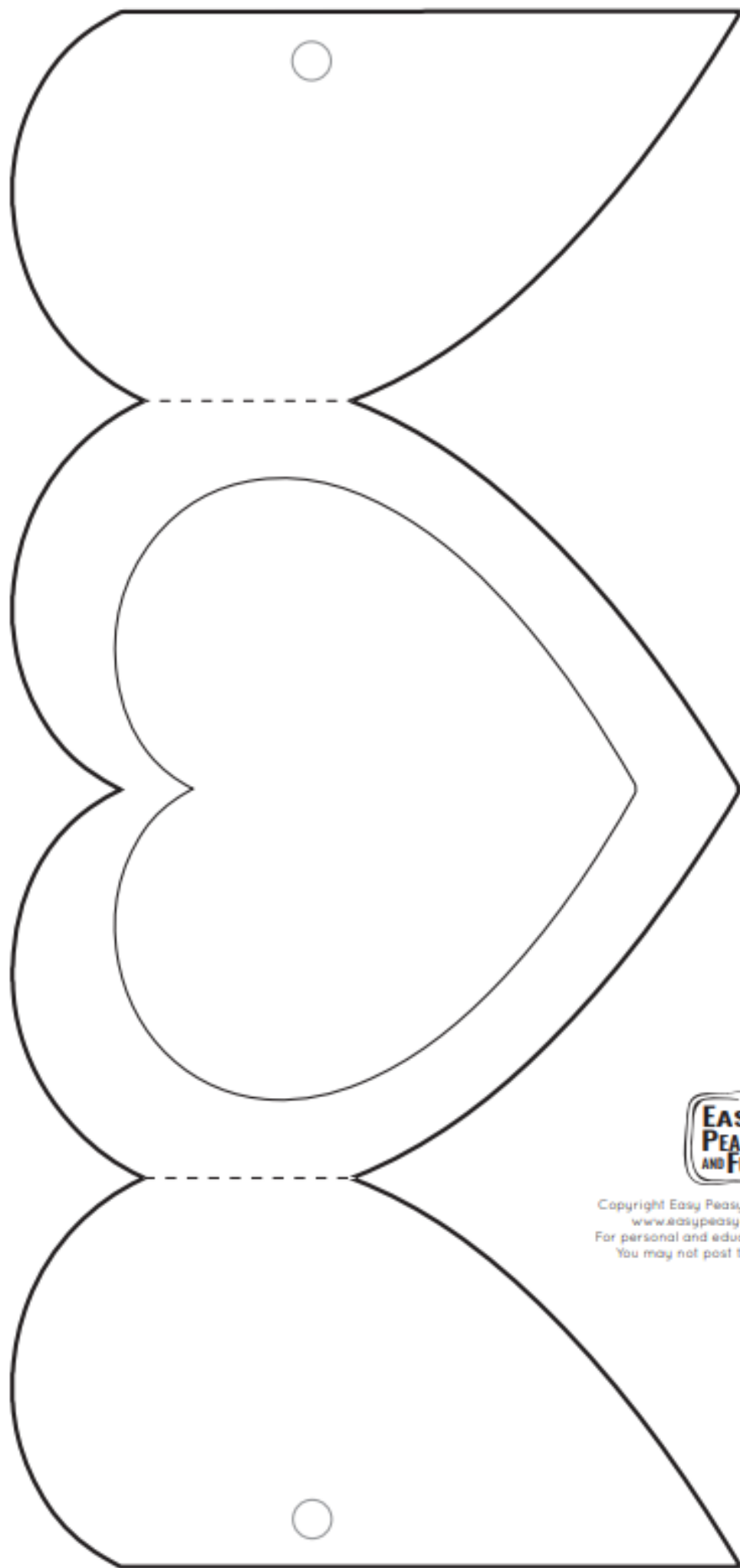
A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

- 19 – 1 – 13 – 21 – 5 – 12
- 10 – 5 – 19 – 19 – 5
- 4 – 1 – 22 – 9 – 4
- 8 – 5 – 1 – 18 – 20
- 19 – 8 – 5 – 16 – 8 – 5 – 18 – 4
- 1 – 14 – 15 – 9 – 14 – 20
- 11 – 9 – 14 – 7
- 9 – 19 – 18 – 1 – 5 – 12

Heart craft activity

- Using the template overleaf, cut out the shape in thick paper or thin card.
- Using a hole punch, Make holes where the circles indicate
- Fold along the dotted lines, forming flaps to cover the inside of the heart
- Open out the flaps and, where the small heart is, write or draw what is in a good heart. If you want to you can do this on a separate smaller heart shape and stick it in instead.
- Fold over the flaps and decorate the front.
- Put a piece of string or ribbon through the holes and tie to hold the flaps together





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David was a Shepherd Boy Spot the Differences

Compare the picture on the top with the picture on bottom. Circle the 14 things that are different.

